



2025 New Zealand Masters Swimming Championships

Friday 23 – Sunday 25 May 2025

Sir Owen G. Glenn National Aquatic Centre
14 Antares Place, Mairangi Bay, Auckland

Information Booklet

Contact Information
events@swimming.org.nz

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Version 1

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming New Zealand will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming New Zealand reserves the right to use discretion and make adjustments to the contents and rules outlined in this document.

For the latest information, please check the event page on the Swimming New Zealand website to ensure you have the up-to-date version.



Purpose

The event is designed to create opportunities for those aged 18+ who would like to compete in a social swimming event to help get more people swimming more often. This event is open to anyone aged over the age of 18, whether you are a member of NZ Masters Swimming (NZMS), Swimming NZ (SNZ) or not. This is a NZMS sanctioned event.

Good Sports

Please note that this is a Good Sports event. Swimming NZ is committed to providing positive sporting experiences.

You can learn more about this on our Parents & Whanau webpage.

Entry Information

Swimming New Zealand policies and the New Zealand swimming rules govern this competition.

This is a World Aquatics sanctioned swim meet and is open to anyone aged of 18 years or older.

If you are a **financial member** of NZ Masters Swimming (i.e., you have paid your 2025 annual registration fee at time of event) then you are eligible to set NZ and World Masters records and be placed in World Aquatics Masters Top 10 and NZ Masters Swimming Top 10 annual rankings. An individual entry fee of \$100 will apply.

If you are **not a financial member** of NZ Masters Swimming, then you can enter the meet by paying a \$20 Championship fee in addition to the individual entry fee of \$100 for a total fee of \$120. The Championship fee will make you a **temporary member** of NZ Masters Swimming for the duration of the competition to allow the overall event to meet World Aquatics requirements for a sanctioned meet. However, please note that a **temporary member** will **not** be eligible to set NZ or World Masters records or be placed in the World Aquatics Masters Top 10 or NZ Masters Swimming Top 10 annual rankings.

If you would like to become a financial member of New Zealand Masters Swimming, then please follow the link on the competition webpage.

Swimmers from other countries (international entries) will be eligible to compete provided they are a financial member of a national Masters Swimming organisation affiliated to World Aquatics. A signed Travel Authorisation Form/Letter or membership card from their national organisation will be required as proof.

International entries will not be eligible to set NZ Masters records or place in the NZ Masters Swimming Top 10 annual rankings. They will be eligible to set their own national and World Masters records and place in annual rankings. An individual entry fee of \$100 will apply.

You can find the links to the current NZ Masters and World Masters records and rankings via the event webpage.

Entries	Timeline
Entries Open	Early 2025
Online Entries Close	Tues 6th May 2025 at 11:59pm

Entries may be re-opened on the day.

Entry Process

All entries must be submitted via the Race Roster page.

You can find the entry link from the event webpage.

Swimmers are limited to entering 6 individual events, with no limit to the number of relay teams.

Please also enter your relay team via Race Roster with your team names and swimmers. Swimmers names can be changed on the day or if you don't yet know who is on your team please still enter yourself and a team name. Relay changes must be made 45 mins before racing begins.

Qualification Criteria

Age as of 31 December 2025. Must be 18+ years

There are no qualifying times for this event, anyone aged 18+ years may enter. Individual entry times may be provided upon completing the entry form which will form the seeding for the timed finals.

Entry Fees

Location	Individual Entry Fee	Relay Team Entry Fee
NZMS Financial Member	\$100	Free
Financial Member of an International Masters Federation	\$100	Free
SNZ Financial Member	\$120	Free



Non-Financial Member of NZMS	\$120	Free
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Entry fee **includes** the social gathering at the Victory Ceremony/Prizegiving which will take place at the conclusion of racing on Sunday 25 May. Join us at the Finish Line Bar, AUT Millennium at 3.45pm for a selection of shared platters, a cash bar available.

Entry fees must be paid prior to the start of the meet and includes a mixed selection of food platters to be served at the Victory Ceremony/Prizegiving. A cash bar will be available.

If they have not been paid it will result in the withdrawal of swimmers.

No refunds for any withdrawals before or during the meet. Refunds for any medical withdrawals can be considered if a signed doctor's certificate is supplied.

International Entries

Swimmers from other countries will be permitted to enter via the same entry form. A foreign swimmer is eligible to compete in a meet sanctioned by NZMS provided they are a financial member of a National Masters organisation affiliated to World Aquatics. If the swimmer is from a registered club in a different swimming federation, they will need to provide a signed Travel Authorisation Form/Letter from their national federation or provide proof of their membership card.

Event Specifications

This meet is held as long course (50m pool).

Timed Finals

All events will be swum as timed finals with over the top starts.

800m and 1500m Freestyle

Swimmers who have entered both the 800m and 1500m Freestyle events will swim the 1500m only. Their split time will be recorded for the 800m event. Lap counters will be available for each swimmer.

The organising committee may arrange for the 400m, 800m and 1500m Freestyle to be swum with two swimmers in a lane of the same sex, depending on the number of entries. Separate timing will be required for each swimmer.

Age Groups

This event will be swum as timed finals, with results provided across age groups. Results will be awarded for each of the following age groups:

- 18 – 24 years
- 25 – 29 years
- 30 – 34 years
- 35 – 39 years
- 40 – 44 years
- 45 – 49 years
- 50 – 54 years
- 55 – 59 years
- 60 – 64 years
- 65 – 69 years
- 70 – 74 years
- 75 – 79 years
- 80 – 84 years
- 85 – 89 years
- 90 – 94 years
- 95 – 99 years
- 100+ years

Para Athletes

This competition welcomes Para swimmers of all classifications. Swimmers will need to hold a classification of some form – provisional, national or international. For more information about classification, please contact cameron@swimming.org.nz

Medals will be awarded to each of the following age groups using the multi-class points system:

- 18 – 30 years
- 31 – 45 years
- 46 – 60 years
- 61+ years

Relays

There will be the following relays in this year's schedule:

- 4 x 50m Medley Relay (male & female)
- 4 x 50m Medley Relay (mixed)
- 4 x 50m Freestyle Relay (male & female)
- 4 x 50m Freestyle Relay (mixed)

Relay age groups will be calculated by the combined age of the team (eg: team is aged 41, 45, 31, 65 means the combined age is 182).



Results will be awarded for each of the following relay age group categories:

72 – 99
100 - 119
120 – 159
160 – 199
200 – 239
240 – 279
280 – 319
320 – 359
(add 40-year increments where necessary)

All relays will be swum as timed-finals within the specified event scheduled.

Entries should be made via Race Roster prior to entries closing, with any changes to swimmers or the order to be made using the official relay entry forms available from the resolutions desk.

Teams must confirm entries with the names in swimming order to be submitted no later than 45mins before the session commences. **Please note that no late entries will be accepted.**

Composite and unofficial relay teams are encouraged to increase participation opportunities.

Medley relays swum in the order of: Backstroke, Breaststroke, Butterfly and Freestyle.

Relay ribbons are awarded to all swimmers in the team achieving the first three places in every relay event, in every age group.

6 x 50m Freestyle Regional Relay (mixed)

This relay is for NZ Masters Swimming club financial members only to represent their region to battle out for the Ngaire Prentice Trophy.

Psych Sheets

Psych Sheets will be posted on the event webpage as soon as possible after entries close.

Corrections and changes to psych sheets are to be sent to secretarynzms@gmail.com by 11.59pm Tuesday 13 May.

Any changes made after the final psych sheets are published will not be updated, but will be completed and updated on the SNZ event file and will be visible on the Swimify website.

Online Program

All session programs will be published online via the Swimify website – accessible from the competition webpage at competition time. Session one will be posted after the pre-racing meeting and all other sessions will be posted at the end of the previous session.

There will be printed programs available.

Event Information

Opening Hours

Competition	Warm Up	Racing
Friday 23 May	12pm**	12.35pm**
Saturday 24 May	12pm**	12.35pm**
Sunday 25 May	12pm**	12.35pm**

****Please note warm up and racing times may change slightly once entries close and timelines finalised. This will be advised in the pre-event information.**

Access will be via the back competitors doors at the rear of the complex for the competition.

Swimmers that wish to train outside these times will have to organise their own times with the pool and pay entry. Lanes should be booked in advance.

Results

Swimming NZ will have live results via the SNZ website and Swimify. The results for each event will be uploaded once the event has been signed off.

Ticketing

There will be no ticketing required for this competition.

Livestreaming, Photography & Videography

This event will not be livestreamed.

Photos and videos will be taken throughout the competition. All athletes and spectators have agreed to allow photographs, videos, audio recordings and audio recording to be taken by accredited SNZ contractors to be used for any legitimate purpose by SNZ and NZ Masters Swimming. If you have any concerns please contact the Competition Manager.

Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than



300mm and commercial digital video equipment. The SNZ competition staff will, at their sole discretion, determine whether or not an item is intended for personal or commercial use.

Teamline

Merchandise for this event may be provided by SNZ partner Teamline and may be available for pre-purchase. In addition, race suits and other swim products may be available from Teamline on their online store and from their poolside pop-up store located at the venue. Find everything you need on their website.

Parking

Parking is limited at the NAC facility. Please try and limit the number of vehicles you travel in to the meet. Paid parking has been introduced at AUT Millennium, so please adhere to the signage displayed.

Swimmer Information

Pool Access

Access to the pool for everyone will be via the rear competitors doors, **at the time listed those doors open.**

Accreditation

Please note that no accreditation is required to be collected for this event.

Warm-up Procedure

Date	Warm-Up Times
Friday 23 May	Session 1: 12pm-12.30pm**
Saturday 24 May	Session 2: 12pm-12.30pm**
Sunday 25 May	Session 3: 12pm-12.30pm**

****Please note warm up and racing times may change slightly once entries close and timelines finalised. This will be advised in the pre-event information.**

Warm-up signs for each lane will be displayed on pool deck. Please follow these directions.

Seating

Seating will be available on pool side and in the grandstand. There is no allocated seating for this competition.

Strapping

Swimmers with strapping be reviewed by the Technical Director prior to swimming and are encouraged to provide documentation from a relevant registered

health practitioner or physiotherapist. This is for the health and safety of the swimmer.

Marshalling Process

Self-marshalling will be employed during all sessions. Swimmers are asked to be in the marshalling area prior to their event. We encourage swimmers to be in the marshalling area:

- 6 timed finals prior for 50m events.
- 4 timed finals prior for all other events.

Pre-Racing Meeting

There will be a pre-racing meeting held on Saturday 24 May at 12pm (pending time confirmation in pre-racing information) under the big screen.

Those who attend will be given a brief run-down of meet activities, expectations of swimmers and clubs and general delivery of the event.

If you are unable to attend, please familiarise yourself with this document and the pre-event email well.

Withdrawals

If a swimmer would like to withdraw from an event, please contact secretarynzms@gmail.com by Wednesday 21 May at 12pm.

Protests

Protests must be submitted to the referee, in writing, on the protest form within 30 minutes following the DQ result posting online. This needs to be accompanied in cash by the \$100.00 protest fee.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.

All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final.

If the protest is rejected, the deposit will be forfeited to SNZ. If the protest is upheld the deposit will be returned.

Timelines

Timelines will be included in session programmes. The times shown are approximate and races may start before or after the times indicated. It is the swimmer's



responsibility to be at marshalling at the appropriate time (i.e. 4 or 6 timed finals before the scheduled race).

Banner Placement

Swimming New Zealand will have signage at the event and will take precedence for position over club banners. SNZ reserves the right to remove any banners that are not in appropriate areas or conflict with event signage and/or sponsors.

Disqualifications

Disqualifications will be posted online with the events results. A copy of the DQ form can be found at the resolutions desk.

Victory Ceremonies

Medals shall be awarded for the 1st, 2nd and 3rd New Zealanders for the champion of each age group at the

end of the championships. These will be decided from collating points across all races swum by each individual. Visitor medals will be awarded to any international competitor who places.

The Victory Ceremony will take place at the conclusion of racing on Sunday 25 May. Join us in the Finish Line Room of the AUT Millennium building from 3.45pm for a selection of shared platters and a cash bar available.

Please note that no medals will be posted out.

Dress Standard for victory ceremonies:

- T-shirt, jacket or sweatshirt – if you belong to a club please wear your club colours
- Shorts/trousers/skirt must be worn
- Shoes must be worn
- No Caps or Goggles.



Points & Awards

The following points system will be used for these championships:

Points for Age Timed Finals (individual)

Place	1	2	3	4	5
Points	6	4	3	2	1

Points for Age Relays

Place	1	2	3	4	5
Points	6	4	3	2	1

Trophies to be awarded

Top Club – awarded to the NZMS club obtaining the most points at the National Long Course Championships

Ngaire Prentice Trophy – top region in 6 x 50m Freestyle Region Relay

Peter Wilson Shield – awarded to the swimmer who has contributed the most to the spirit of Masters swimming

Tom Logan Memorial Trophy – awarded to the fastest swimmer in the 60 years + age group in the 100m Breaststroke

National LC 50m Men's Freestyle Champion – awarded to the fastest man over 50m Freestyle in any age group over 25 years

National LC 50m Women's Freestyle Champion – awarded to the fastest woman over 50m Freestyle in any age group over 25 years

Medical Information

Service	Address	Phone
Northcare Accident and Medical	5 Home Place, Rosedale	09 479 7770
Tooth Doctor, Northcare	5 Home Place, Rosedale	09 414 7174
Northcare Pharmacy	5 Home Place, Rosedale	09 283 0945
North Shore Hospital	Shakespeare Rd, Takapuna	09 486 8900
Emergency – Fire, Police, Ambulance		111
AED	NAC Control Pool / Ascot Radiology / Millennium Gym L1	