



# 2024 Tri Series Meet

**Friday 4 – Sunday 6 October 2024**

**Waterworld Te Rapa**

Garnett Avenue, Forest Lake, Hamilton 3200

## Event Information Booklet

**Contact Information**

[events@swimming.org.nz](mailto:events@swimming.org.nz)

Version 2

Updated: 4 September 2024

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming New Zealand will not be held liable for any costs and expenses incurred by a person following changes to the information outlined in this booklet. Swimming New Zealand reserves the right to use discretion and adjust the contents and rules outlined in this document.

For the latest information, please check the event page on the Swimming New Zealand website to ensure you have the up-to-date version.



## **Purpose**

The Tri Series Meet has been designed to provide an exciting opportunity for swimmers and coaches to develop their skills against international competition.

## **Good Sports**

Please note that this is a Good Sports event. Swimming NZ is proud to partner with and join the Good Sports movement. This program aims to help parents provide the best sporting experience to their kids.

Check out our Parents and Whanau webpage for more information.

## **Entry Information**

**Swimming New Zealand policies and the New Zealand swimming rules govern this competition.**

This meet is for the selected Tri Series Meet Teams:

- New Zealand Black
- New Zealand White
- Victoria
- Western Australia

Who are financial, registered (at time of competition) Swimming New Zealand Competitive Swimmers and foreign swimmers registered with foreign World Aquatics affiliated swimming federations. All participants must agree to comply with the Sports Anti-Doping Rules.

## **Entry Process**

Coaches will complete the entries for their teams.

The Meet Manager file for entries will be sent out Monday 10<sup>th</sup> June and are to be returned to [entries@swimming.org.nz](mailto:entries@swimming.org.nz) by **4pm Tuesday 17<sup>th</sup> September**.

**Relays:** Names of swimmers competing in relays may be completed/changed and handed in at the resolutions desk or to the Event Manager up to **1 hour prior to the start of the Match warm-up**.

Late entries will be accepted for 24hours. Please email all late entries to [entries@swimming.org.nz](mailto:entries@swimming.org.nz).

## **Injury or Illness**

Substitutes can only be made in the event of injury or illness withdraw. The substitute's must be requested 1 hour prior to the start of the Match start and submitted to the Technical Director.

## **Para Swimmers**

This Tri Series Meet is open to Para swimmers. Each team will have four Para swimmers (mixed gender).

Para Swimmers can score points with the top three placings in each race scoring points. Placings are based on who is closest to the world record in their classification as per international mixed multiclass racing.

For any questions, please contact Cameron Leslie [cameron@swimming.org.nz](mailto:cameron@swimming.org.nz).



## Event Information

### Match Rules

- Athletes must race in 3 events total per Match. In Match's 1-4 this must consist of 2 individual events and only 1 relay event. The exception to this is for the skins event in Match 5, where this event does not count toward the total of events raced.
- Athletes must race in 3 relay events in Match 5
- Athletes / relays will be time ranked for each event with the fastest entrant in Lane 4, next fastest in lane 5 etc.
- Record bonus is available in all individual, skins, relay events and relay lead off splits.
- Rules are subject to change as directed by the SNZ events team.

### Relays

4 x 50 and 4 x 100 relay events are as follows:

- 1 race is female (1 relay per team)
- 1 race is male (1 relay per team)
- 1 race is mixed (1 relay per team)

The 4 x 200m Freestyle relay is mixed.

12 x 25m Butterfly/Breaststroke relay events are as follows:

- The relay must consist of 6 female, 6 male – athletes can race any order
- Match 3: Females will swim Butterfly and Males will swim Breaststroke
- Match 4: Females will swim Breaststroke and Males will swim Butterfly.

The 20x50 event includes 16x able bodied and 4x MC athletes. Athletes can race in any age or gender order. There will be a time penalty placed on each team depending on the para-athletes in each relay. This will be determined by the Paralympic Programme Lead. The time penalty will be added onto the finishing time of each team.

Mixed relays must consist of 2 females and 2 males - athletes can race in any order.

All medley relay events will be swum in the order of Backstroke, Breaststroke, Butterfly and Freestyle.

### 50m Kick Race

Swimmers must start in the water, and will be provided with a kickboard. Swimmers must touch each wall with at least one hand. Swimmers must have two hands on the kickboard at all times, and may not use an extra strokes with the arms when kicking into the wall.

### 25m Underwater Race

Swimmers will start the race by diving. Swimmers must swim 25m underwater, touching the wall before their head breaks the surface of the water.

### Skins

The top two athletes from each 50m event qualify for the skins event.

If an athlete qualifies top two in more than one 50m event, the next fastest swimmer will qualify. The qualifiers for the skins event will be confirmed at the conclusion of each 50m event.





e.g.

*Match 1:* the top two swimmers for the 50m Butterfly will qualify for the skins.

*Match 2:* The top two swimmers for the 50m Breaststroke (that have not already qualified) will qualify for the skins. This will be the same selection criteria for Match's 3 and 4.

Skins will operate as follows:

- The skins will be a 50m medley event
- The MC will draw the stroke to be swum from the hat. A stroke can only be drawn twice.
- Two swimmers will be eliminated from the skins race each round, for a total of 4 rounds.
- After each round one of the eliminated athletes will draw the next stroke.

## Psych Sheets

Psych Sheets will be posted on the event webpage as soon as possible after entries close.

Any corrections and changes to psych sheets are to be sent to [entries@swimming.org.nz](mailto:entries@swimming.org.nz) within 24 hours of the psych sheets being posted.

Any changes made after the final psych sheets are published will not be updated online but will be completed and updated on the SNZ event file.

## Results

Swimming New Zealand will have live results via the SNZ website and the Swimify live-timing website and app. The results for each event will be uploaded once the event has been signed off.

Below is the link to Swimify, please note the Tri Series Meet will not be found until closer to the date.

<https://live.swimify.com>

## Pre-Event Trainings

Day	Morning	Afternoon
Wednesday 2 <sup>nd</sup> October	TBC	6pm – 8pm Waterworld
Thursday 3 <sup>rd</sup> October	TBC	6pm – 8pm Waterworld

## Opening Hours

Match	Warm-Up	Racing
<b>Match 1</b> Friday 4 <sup>th</sup> October	8am – 9am	9.10am – 11am
<b>Match 2</b> Friday 4 <sup>th</sup> October	5pm – 6pm	6.10pm – 8pm
<b>Match 3</b> Saturday 5 <sup>th</sup> October	8am – 9am	9.10am – 11am
<b>Match 4</b> Saturday 5 <sup>th</sup> October	5pm – 6pm	6.10pm – 8pm
<b>Match 5</b> Sunday 6 <sup>th</sup> October	8am – 9am	9.10am – 11am

## Spectators

Swimming New Zealand will not be selling spectator tickets for this event. Please refer to the venue policies regarding spectator entries.

## Livestreaming, Photography & Videography

This event will not be livestreamed.

Photos and videos will be taken throughout the competition. All athletes and spectators have agreed to allow photographs, videos, audio recordings and audio recording to be taken by accredited SNZ contractors to be used for any legitimate purpose by SNZ. If you have any concerns please contact the Event Manager.



Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than 300mm and commercial digital video equipment. The SNZ Event staff will, at their sole discretion, determine whether or not an item is intended for personal or commercial use.

### **Parking**

Parking is limited at the Waterworld facility. Please try and limit the number of vehicles you travel in to the meet.

## **Athlete Information**

### **Pool Access**

Access to the pool for all swimmers, coaches and team managers will be through the event entry door.

### **Warm-up Procedure**

A warm-up procedure document will be available on the event webpage, please refer to this document for warm-up guidelines.

Warmup/warm down lanes will be available during racing.

### **Athlete Seating**

There will be no rotating seating plan due to the small numbers of competitors.

### **Strapping**

Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Meet Director prior to swimming. Any swimmers without such documentation may not be permitted to swim.

### **Marshalling Process**

Self-marshalling will be employed during all heat sessions. Swimmers are asked to be marshalling 2 events prior to their event.

### **Disqualifications**

Disqualifications will be posted online with the events results. A copy of the DQ form can be requested from the Event Manager or the Technical Director.

### **Protests**

Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the DQ announcement. This needs to be accompanied in cash by the \$100.00 protest fee.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start the event is given.

All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final.

If the protest is rejected, the deposit will be forfeited to SNZ. If the protest is upheld the deposit will be returned.

### **Session Programmes**

All session programmes will be online on the event webpage.



## **Timelines**

Timelines will be included in all session programmes. The times shown are approximate and races may start before or after the times indicated. It is the swimmer's responsibility to be at marshalling at the appropriate time (i.e., 2 events before the scheduled race).

## **Victory Ceremonies**

There will be no victory ceremonies at the Tri Series Meet.

## **Banner Placement**

Swimming New Zealand will have signage at the event and will take precedence for position over team's banners. SNZ reserves the right to remove any banners that are not in appropriate areas or conflict with event signage and/or sponsors. Teams are welcome to bring their own banners for the event

## **Accreditation**

Accreditation is not required for this event.

## **Points and Awards**

### **Awards**

Presentations will be conducted after Match 5 as follows:

- Top Female point scorer per team (3)
- Top Male point scorer per team (3)
- Overall Para Athlete (1)
- Winning Overall Team (1)

### **Points**

Points are awarded as follows:

#### Race Placing Points:

- Individual
- Skins
- Relay

#### Bonus points:

- Race skills
- Tri Series Record



### Race Placing Points

Event	1	2	3	4	5	6	7	8	DQ / DNF
Individual	20	16	14	12	10	8	5	2	0
Skins	12	10	7	7	4	4	2	2	0
Relay	45	36	24	15	-	-	-	-	0

### Bonus Points

Opportunity	Points
Race Skills	5
Tri Series Record – First place	10

**Note** - The Tri Series records will be updated after each Match. Athletes will need to beat the new record in subsequent Matches to get the record bonus

### Race Skills

Events	Skill	Points
50 & 100 Freestyle	No breathing last 10 metres	5
200 & 400 Freestyle	Last turn head breakout = 7.5+ metres	5
800 & 1500 Freestyle	Negative split	5
Backstroke	Last turn head breakout = 10+ metres	5
50 Breaststroke	Drop off is less than 2.50 seconds	5
100 Breaststroke	Drop off is less than 4.00 seconds	5
200 Breaststroke	Last 3 x 50 splits – range is less than 1.00 seconds	5
50 Butterfly	No breathing last 10 metres	5
100 & 200 Butterfly	Last turn head breakout = 7.5+ metres	5
100 Medley	Roll (crossover) turn on Back / Breast	5
200 & 400 Medley	On the last freestyle lap: Breakout = 6+ metres, then 1 stroke and then first breath	5

**Note** - these bonus points apply only to the individual events and not relays or skins.





## Medical Information

Service	Address	Phone
Anglesea Clinic Urgent Care	3 Thackeray St, Hamilton	07 858 0800
Hamilton Family Dental	1359 Victoria St, Beerescourt	07 214 5987
Vercoe Rd Pharmacy	35 Vercoe Rd, Beerescourt	07 849 3805
X-Ray, Pacific Radiology	6 Avalon Drive, Nawton	07 847 5753
Physio, Active +	543 Te Rapa Rd, Te Rapa	07 282 1624
Waikato Hospital	Pembroke St, Hamilton East	07 839 8899
Emergency – Fire, Police, Ambulance		111
AED	Waterworld Hamilton, Reception & outside Hydroslide	